High throughput lunch options near the Omni, New Haven

5 min. walk

Shake Shack, 986 Chapel Street (burgers and shakes)
Claire's Corner Copia, 1000 Chapel Street (vegetarian)
Chipotle Mexican Grill, 900 Chapel St (Mexican)
B Natural, 1044 Chapel Street "Sherman's Alley" (café)
Alladin Crown Pizza, 260 Crown St (Middle Eastern and Pizza)
Sahara Mediterranean, 170 Temple Street (Mediterranean)

10 min. walk

Bangkok Gardens Restaurant, 172 York Street (Thai)

Book Trader Café, 1140 Chapel Street (café)

York Street Noodle House, 166 York Street (Asian)

For dinner

New Haven has so many options. The best listing is at InfoNewHaven.

http://www.infonewhaven.com/dining-listing

The closest neighborhoods (for "by neighborhood" search) are Downtown, Chapel West, Ninth Square Audubon, and Broadway (in order of increasing distance from Omni - but all very close).